# 'HEALTH' can feel overwhelming!

NEW Course From Cosaint Training for the Construction Industry

Cosaint

Keeping People Safe

Faculty of Occupational Hygiene

# **CCHR**

## Certificate in Controlling Health Risks Construction

## About the Course

This course has been designed to provide training for construction site supervisors, so they can better **recognise and control the health risks specific to their workplace**, by:

- Identifying the most commonly present health hazards found on construction sites
- Understanding the principles of risk control
- Identifying the measures needed to control common health risks from construction activities

## Why should I take this course? What are the benefits?

#### This course:

- Is the only 1-day construction course which adequately covers control of health risks
- Will ensure that personnel are trained to recognise and control workplace hazards
- Will enable personnel to be better equipped, to ensure workers' health is better protected
- Provides a highly cost-effective and convenient form of training: 1 day's classroom learning, with 2 hours' prior e-learning

#### What will the course cover?

The aim of the course is for students to develop their knowledge of **health and safety management** by learning how to recognise and control the **most common health risks found on construction sites**, and where to find further information and advice if required.



#### Faculty of Occupational Hygiene



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## What is the course content?

## Module 1

Online distance learning

2 hours

An introduction to:

- The effect of work on health
- Hazardous substances
- Hazardous micro-organisms
- Physical hazards

After completing this module, students will be able to identify the wide range of hazards that are most commonly present on construction sites, and understand how those hazards can affect health (The aim of this module is to ensure the student has a basic level of knowledge before taking module 2).

## **Upcoming Course Dates**

7th Dec 2017 -	Fully Booked
15th Jan 2018 -	Fully Booked
6th Feb 2018 -	Now Booking
13th Mar 2018 -	Now Booking

### Module 2

Classroom-based teaching focusing on the control of health risks

6 hours

This module will cover:

- Health hazards found on construction sites
- Risks from chemical hazards (including dusts, fumes, gases and vapours)
- Risks from physical hazards (noise, vibration)
- The principles of risk control
- Controlling common risks on construction sites

After completing this module, students will understand the underlying principles of risk control as applied to health risks on construction sites, and will be able to recognise and select appropriate controls for a wide range of industry hazards.

## **CITB grant scheme**



CITB-registered employers may be eligible to claim a grant for this training course. Please contact us for more details.

BUILD HEALTH

Cosaint Training is the only provider in NI approved to deliver this training. For details of costs, and for more information please contact us at: info@cosaint.training Tel: 028 9082 5454

## THIS IS THE FIRST COURSE OF ITS KIND, AND IS BEING SUPPORTED JOINTLY BY BUILDHEALTH & CITBNI.

BuildHealth is a joint venture between the construction industry in Northern Ireland, and the Health and Safety Executive for Northern Ireland (HSENI). Its aims are:

- To improve the health of NI construction workers by preventing work-related ill health
  To support and rehabilitate ill workers
- To improve safety standards on NI construction sites to protect workers